

FARR WEST SENIOR CENTER
1896 N 1800 WEST
Director - Shauna Jensen 801-782-3497

ACTIVITIES

Power walking exercise
 8:30 a.m. Monday - Mar 3, 10, 17, 24, 31
 Tuesday - Mar 4, 11, 18, 25
 Thursday- Mar 6, 13, 20, 27

Quilting
 9:00 a.m. Mondays - Mar 3, 10, 17, 24, 31

LUNCH for \$3.00
 11:30 Mondays only - Mar 3, 10, 17, 24, 31

Bingo
 12 noon Mondays - Mar 3, 10, 17, 24, 31

Wii Bowling Tournament
 10:30 a.m. 2nd and 4th Tues - Mar 11, 25

Oil Painting
 9 - 11 am Wednesdays – Mar 5, 12, 19, 26

Stained Glass Classes
 9 - noon Wednesdays - Mar 5, 12, 19, 26
 6 - 9 pm Thursdays - Mar 6, 13, 20, 27

Foot Clinic – Monday Mar 3rd
 Advanced Directive – 11:30 Mar 10th
 Blood Pressure - Monday Mar 10th

March Birthdays

Brinkmeyer	Gary
Corey	Jerry
Cramer	Beverly
Fisher	Boyd
Fisher	Joseph
Garlick	Joyce
Geilman	Grant
Geilman	Keitha
Groburg	Irene
Huckaby	Gary
Jenson	Shauna
Larson	Gay
Malan	Rosalyn
Pierce	Judy
Pierce	Ann

Monthly Birthday Party

Mar 19th Wed Night Dinner
 Knit Steak/Tomato Beef Gravy
 Whipped Potatoes
 Harvard Beets
 Tossed Salad/Croutons/Dressing
 Fruit Coctail Delight
 Dinner Roll

Game Night Bunco
 Time 5pm cost \$3.50 Prepay



Terrace Playhouse
"She Loves me"
April 5th at 6:30
Cost \$11 (Please sign up & prepay)

MOVIE NIGHT – March 4th 6 pm
Movie – Gravity with Sandra Bullock
Snacks – FREE

Lunch Time Cost \$3.00

Served every Monday at 11:30 a.m.
Take-outs are available after all are served.

March 3
Salisbury steak/Potatoes, Gravy
Cauliflower/Bacon/Red Peppers
Tossed Salad/Mandarin Oranges
Dressing
Chips Ahoy Cookies
Whole Wheat Roll

March 10
Cheesburger/Bun
Mustard and Ketchup
Swiss Potatoe Kugel
Lettuce, Tomato, Onion, Pickles
Fruited Gelatin Salad
Fresh Apple

March 17
Irish Corned Beef
Pot O' Gold Potatoes
Seasoned Cabbage
Shamrock Lime & Pear Salad
Leprechaun Cookie
Dilly Roll

March 24
Honey Glazed Ham
Augratin Potatoes
Corn and Lima Beans
Tossed Salad/Spinach/Dressing
Tangerine
Apple Raisen Roll

March 31
Hardy Hamburger Soup
Whole Potatoes
Sunshine Gelatin Salad
Chocolate Cream Pie
Whole Wheat Roll



May your blessings
outnumber
The shamrocks that
grow,
And may trouble avoid
you
Wherever you go.

Irish Blessing