

# Farr West City Rec Center

## Winter Schedule

Mon/Wedns/Thurs (Jan 3<sup>rd</sup> – Mar 1<sup>st</sup>) Weber Co. Basketball comp leagues

Sat (Jan 8<sup>th</sup> – Feb 28<sup>th</sup>) City Rec basketball league

Fri (Jan 7<sup>th</sup> – Feb 4<sup>th</sup>) Utah Ice Volleyball league

Tues/Wedns (ongoing) Dance group (Dance studio)

Tues/Thurs (ongoing) TRX training (Dance studio)

Mon/Tues/Thurs/Fri (ongoing) Zumba classes (Dance studio)

### Open gym times:

Monday/ 5:30am – 5:30pm  
Tuesday/ All day  
Wednesday/ 5:30am – 5:30pm  
Thursday/ 5:30am – 5:30pm  
Friday/ All day