






Farr West Senior Center



NOVEMBER 2016

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
<p>8:30 Exercise Class 9:00 Quilting 11:30 Lunch \$3.00 Suggested donation for individuals 60 and older and \$6.00 charge for anyone under 60</p> <p>November 7th</p> <ul style="list-style-type: none"> o Hearty Beef Barley Soup o Whole White potatoes o Pea Salad with Cheese o Peach Cobbler o Buttermilk Roll <p>November 14th</p> <ul style="list-style-type: none"> o Beef Stroganoff o Bow Tie Pasta o Carrot with celery o Tossed Salad with Dressing o Fruit Cocktail Cake/topping o Cheese Roll <p>November 21st</p> <ul style="list-style-type: none"> o Meatloaf/Gravy o Whipped Potatoes o Mixed Vegetables o Tossed Salad/dressing o Fresh Fruit in Season o Oatmeal Roll <p>November 28th</p> <ul style="list-style-type: none"> o Country Fried Steak o Cream Gravy o Whipped Potatoes o Spinach with Bacon & Onions o Sour Cream Cucumbers o Orange Wedges o Whole wheat Roll 	<p>8:30 Exercise Class</p> <p>10:00 WII Bowling</p> <p>November 8th Movie Night</p> <ul style="list-style-type: none"> o FREE Snacks o Movie will be announced 	<p>9:00 Stain Glass Class</p> <p>9:00 Crafts</p> <p>November 16th</p> <p>Sign-up and Pre-Pay Birthday Party Game Night: BUNCO</p> <p>Dinner Served at 5:00 <i>Corned Beef</i> <i>Whole Potatoes</i> <i>Seasoned Cabbage</i> <i>Cottage Cheese Fluff</i> <i>Chilled Peaches</i> <i>Dilly Roll</i></p>	<p>8:30 Exercise Class</p>  <p>November BIRTHDAYS <i>Delbert Dabb</i> <i>Bernie Francom</i> <i>Clarence Secor</i> <i>Shirley Miller</i> <i>Barbara Morgan</i> <i>Bonnie Weikert</i></p>
	<p>MONDAYS (cont)</p> <p>12:00 Bingo/Fun Prizes</p> 	<p>MONDAYS (cont)</p> <p>November 7th Foot Clinic with Marie \$10.00 Sign-up</p>	